

Be TrainSmart.™

Tune In To Safety!



Hold your child's hand!



Long Island Rail Road *Going your way*

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Tune In To Safety!



We know you are tuned in to **your world**. But take a moment to consider your child's safety.

When children ride the train they may not be as aware of their surroundings. It is important for them to know about train safety, but it is even more important for an adult to watch out for them!

Riding on a train with your child can be fun AND educational. The MTA Long Island Rail Road is taking steps to raise awareness of things you and your child can do to ensure your safety. This educational campaign includes posters, as well as informational brochures, like this one.

Still, you need to be careful. Getting to where you want to go is important, but it doesn't mean a thing if you do not arrive safely. You need to act responsibly for yourself and your child.

Whether you are a regular commuter or an occasional customer, please remember the basic safety tips on the opposite page.



My Train. My Story.

Adrienne: I can see the wonder in my child's eyes each time we take the train, but it is my responsibility to make sure that

we travel safely. What may be a small gap to me, may not be so for my child. That's why I hold his hand each and every time we step over the gap.

AT THE STATION

- Stay behind the yellow safety line, away from the edge of the platform
- Give yourself enough time to board the train safely
- Use extra caution at curved platforms where the gaps are wider

TRAVELING WITH CHILDREN

- Always hold your child's hand firmly when entering and exiting the train
- Look down, and step carefully over the gap
- Ask for assistance when lifting your stroller over the gap
- Carefully supervise your children. Make sure they stay seated throughout the trip and never let them run or play in the aisle

LOOKING OUT FOR OTHERS

- Lend a hand if you see someone who needs help with a stroller on the stairs
- Move inside the car as you board, to let others behind you enter safely

MOBILITY IMPAIRED CUSTOMERS

Mobility impaired customers may enlist the help of a train crewmember to place a sturdy, steel bridge plate across the gap for easy movement on and off the train.

Mention your destination to train crewmembers who can assist you when exiting the train.

Customer safety is the Long Island Rail Road's top priority. Be sure to follow these other safety tips every time you ride the train:

Look down, and step carefully over the gap every time you enter or exit the train.

Stand aside and allow customers to get off the train before you board.

Never try to keep train doors from closing by placing your arm or leg in the way.

Cross tracks only at grade crossings when gates are up and lights are not flashing.

Look down when using stairs or escalators.

Always Pay Attention To Your Surroundings.



Visit our website at www.mta.info and select the **Customer Safety Information** link. A gap safety video is available online.

In case of emergency, call MTA Police at **212-878-1000** or **911**.