

Be TrainSmart.™

Tune In To Safety!

Customer safety is the Long Island Rail Road's top priority. Be sure to follow these other safety tips every time you ride the train:

Look down, and step carefully over the gap every time you enter or exit the train.

Hold a child's hand when exiting and entering the train.

Never try to keep train doors from closing by placing your arm or leg in the way.

Cross tracks only at grade crossings when gates are up and lights are not flashing.

Look down when using stairs or escalators.

Always Pay Attention To Your Surroundings.



Visit our website at www.mta.info and select the **Customer Safety Information** link. A gap safety video is available online.

In case of emergency, call MTA Police at 212-878-1000 or 911.



Let them exit first!

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Tune In To Safety!

We know you are tuned in to **your** world.
But take a moment and pause for safety.

Using trains to get where you need to go means you are willing to be around others—sometimes on crowded platforms. To stay on schedule and keep a smooth flow, it is important that everyone moves safely while entering or exiting trains. The MTA Long Island Rail Road is taking steps to raise awareness of things you can do to ensure your safety. This educational campaign includes posters as well as informational brochures, like this one.

Still, you need to be careful.

Step aside, for those customers needing to exit. It's not only good manners, it will help get you where you are going faster.

Whether you are a regular commuter or an occasional rider, please remember the basic safety tips on the opposite page:



My Train. My Story.

Danielle: I use the train almost every day and there are always a lot of people trying to get to work.

Sometimes it can become a bit of a jam in the doorway when people are pushing in both directions. It's actually faster when we are allowed to exit before anyone tries to get in.

AT THE STATION

- Stay behind the yellow safety line, away from the edge of the platform
- Give yourself enough time to board the train safely
- If you are carrying luggage or packages, or have small children with you, ask for the assistance of a train crewmember to make sure the doors stay open while you enter or exit the train

ENTERING AND EXITING TRAINS

- Stand aside and allow customers to exit the train before you board
- Look down, and step carefully over the gap every time you enter or exit the train
- Move inside the car as you board, to let others behind you enter safely
- Never place bags near the door or anywhere that may pose a tripping hazard for customers boarding or exiting the train

LOOKING OUT FOR OTHERS

- Be considerate, don't block the doorway
- Lend a hand if you see someone who needs help entering or exiting the train
- Use the train emergency cord only to prevent an accident or injury

MOBILITY IMPAIRED CUSTOMERS

Mobility impaired customers may enlist the help of a train crewmember to place a sturdy, steel bridge plate across the gap for easy movement on and off the train.

Mention your destination to train crewmembers who can assist you when exiting the train.