

Be TrainSmart.™

Tune In To Safety!

Customer safety is the Long Island Rail Road's top priority. Be sure to follow these safety tips every time you ride the train:

Look down, and step carefully over the gap every time you enter or exit the train.

Stand aside and allow customers to get off the train before you board.

Hold your child's hand when exiting and entering the train.

Cross tracks only at grade crossings when gates are up and lights are not flashing.

Look down when using stairs or escalators.

Always Pay Attention To Your Surroundings.



Visit our website at www.mta.info and select the **Customer Safety Information** link. A gap safety video is available online.

In case of emergency, call MTA Police at **212-878-1000** or **911**.



Plan ahead to exit!

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Tune In To Safety!



We know you are tuned in to **your world**.
But take a moment to tune in to **safety**.

Entering and exiting the train can be as easy as taking a few careful steps on or off the platform. But it's important to plan ahead before the train approaches your station. Leave yourself enough time to enter or exit safely through the open door with ALL of your belongings.

The MTA Long Island Rail Road is taking steps to raise awareness of things you can do to ensure your safety. This educational campaign includes posters as well as informational brochures, like this one.

Still, you need to be careful. Getting to where you want to go is important, but you have to get there safely. You can avoid injury if you observe certain safety precautions.

Whether you are a regular commuter or an occasional customer, please remember the basic safety tips on the opposite page.



My Train. My Perspective.

Yanick: I take the train every day and use that time to relax at the end of my workday.

It's nice to have that set time when I can sit back, but it's also important to plan ahead when my station is approaching. I don't want to be caught running for the door.

AT THE STATION

- Allow enough time to enter or exit the train safely
- Stay behind the yellow safety line, away from the edge of the platform
- If needed, ask for the assistance of a train crewmember to make sure the doors stay open while you enter or exit the train

DOOR SAFETY

- Gather your belongings and be prepared to exit before the train arrives at your station
- Pay attention to audio and visual station announcements
- Never hold the train door open; it will not automatically open like elevator doors
- Never place bags or briefcases near the door or anywhere that may pose a tripping hazard for customers entering or exiting the train

LOOKING OUT FOR OTHERS

- Move inside the car as you board, to let others behind you enter safely
- Be considerate; don't block the doorway
- Lend a hand if you see someone who needs help entering or exiting the train

MOBILITY IMPAIRED CUSTOMERS

Mobility impaired customers may enlist the help of a train crewmember to place a sturdy, steel bridge plate across the gap for easy movement on and off the train.

Mention your destination to train crewmembers who can assist you when exiting the train.